



## **Mayor's Message**

My warmest greetings to everyone celebrating this special 30<sup>th</sup> anniversary of Falun Dafa Day for this year – May 10, 2022. I'm sure that having an opportunity to once again gather together after a period when it was not possible will make this day even more special.

When the pandemic began, people around the world were isolated and searching for ways to ease their stress and lighten the burden of grief. I know that Falun Dafa practitioners reached out to Canadians during those difficult times by offering free meditation exercise instruction in communities and online classes. I want to thank all who were involved for their efforts. In Western society, it is becoming even more clear to us that there is a deep connection between mind and body – something traditional Chinese culture and Falun Dafa followers have put into practice for many years.

Falun Dafa, with its focus on traditional meditation and the union of mind, body, and spirit through the principles of Truthfulness, Compassion, and Tolerance, is a treasure part of many people's lives across the globe. Canadians who practice Falun Gong, many of whom arrived as refugees fleeing persecution for their beliefs, can enjoy the freedom, diversity, and compassionate support that are the hallmarks of Canadian society.

I want to thank the Falun Dafa Association of Winnipeg for your many positive contributions to our diverse city. In this time of global uncertainty, I'm sure that your members find tremendous comfort in the study, gentle exercises, and meditation that are the foundation of your practice. For the millions of Falun Dafa followers across the world, and for the many practitioners here in Winnipeg, I hope that this is a truly joyful anniversary and a timely opportunity to recommit to your goal of promoting harmony and health in society.

On behalf of the City of Winnipeg, please accept my best wishes on observing your 30<sup>th</sup> anniversary celebrations. I hope the year ahead brings you good health, growth, and enlightenment in your practice.

Warmly,

Mayor Brian Bowman  
The City of Winnipeg